

CHORE CHART BY AGE

AGES 2-3

make their bed
pick up toys with supervision
put dirty clothes in laundry
chute or basket
put clean water in pet dish.
food in pet dish
brush pets
dust with a mitt

AGES 8-11

all hygiene - work toward
independent routines
clean bedroom
school work
keep up with own items
wake up with alarm clock
independently
wash dishes, dry and put away
wash family car inside and
out with help
complete easy meals alone
clean a bathroom with help
put all clean clothes away

AGES 4-5

get dressed with minimal help
bring own things from car
help unload groceries
set the table
help with some food preparation
match socks
hang towel on hook in bathroom

AGES 6-7

make bed every day
brush teeth (with timer)
comb hair
dress
write thank you notes supervised
vacuum own room
vacuum other rooms
fold laundry with help
empty dishwasher with help
prepare food with help
empty trash cans throughout
the house

AGES 12-13

*all personal hygiene
all personal belongings
all school related work
keep own room tidy
vacuum and dust own room
set alarm and wake independently
to alarm
write invitations and
thank you notes
change sheets
change light bulbs
change vacuum bag
dust, vacuum,
clean bathroom
clean dishes, wipe surfaces
in kitchen
clean mirrors
mow with help*

AGES 14-15

*all personal hygiene
maintain personal space
and property
maintain clothes
(wash, dry and put away)
Iron clothes
library checkout and return
all school work
all yard work
prepare grocery list
and shop with supervision
prepare one family
meal a week
wash windows
participate in seasonal
cleaning*

AGES 16-18

*all personal hygiene
maintain personal space
and property
maintain clothes
(wash, dry and put away)
Iron clothes
library checkout and return
all school work
all yard work
prepare grocery list
and shop with supervision
prepare one family
meal a week
wash windows
participate in seasonal
cleaning*